

Casual Classes – Winter 2018

St. Kilda Dojo

20a Neptune st, St.
Kilda

Pay as you go: 1.5hrs \$18/\$16 conc. **or** 2hrs
\$20/\$18 conc.

Other locations:

Carlton

Carlton
Neighbourhood
Learning Centre
20 Princes St.,
Carlton North

1.5hr \$20 **or** 10 class card available (valid for 6
mths) \$185

Mornington Park

Mornington Park
Pavilion (**MPP**) –
Mornington Park,
Mornington

\$35

Please note: no casual classes during public holidays and retreats.

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<i>St. Kilda Dojo</i>	6:00pm – 8:00pm				6:15pm – 7:45pm	8:45am - 10:15am 1st , 2nd & 3rd Sat. of month	
<i>Carlton</i>		6:10pm – 7:40pm					
<i>MPP</i>				1:00- 3:00pm			
<i>Nembutsu Chanting</i> <i>*open by donation</i>	<p align="center">Nembutsu wadaji Buddhism Chanting : It is a way for us to find true peace & ultimate freedom from fears, and to connect to spirituality.</p> <p align="center"><i>Open nights by Donation</i> <i>Chanting, communication training etc.</i> <i>Other info: 9534 2665 or nembutsuokidoyoga@gmail.com</i></p>						

For Carlton classes only: Please bring a hand towel & your own mat/blanket to practice on.