

Holistic Studies – June 2018

Location at which classes are held

<i>St. Kilda</i>	<i>20a Neptune st, St. Kilda</i>
<i>Carlton Neighbourhood Learning Centre Inc</i>	<i>20 Princes St, Carlton North</i>
<i>Castlemaine</i>	<i>Sprout Bakery, Halford Street, Castlemaine</i>

*Booking are required for events with 20% deposit at least 4 days prior.

	April	May	June
<p>Healing & Diet (Back Problems)</p> <p>3 Week course – learn why we have back problems & how to maintain your body.</p> <p>Dates: 10th, 17th & 24th of May. \$100 for course or \$35 per class.</p>		<p>Thursday 10th, 17th & 24th 6:10 - 8pm</p>	
<p>Healing & Diet</p> <p>Chinese Medicine / Macrobiotic healing Oriental therapy ‘method and technique how to maintain your body and mind.</p> <p>3 Week course</p> <p>Dates: 10th, 17th & 24th of May. \$100 for course or \$35 per class.</p>			<p>Thursdays, 7th, 14th & 21st 6:10 - 8pm</p>
Cooking Classes			
<p>Japanese Cooking Class</p> <ul style="list-style-type: none"> • Chestnut rice season! 			<p>Sunday, 3rd 10 – 12pm</p>