

Early Morning Intensives

Effective August 2017

St. Kilda Dojo – 20a Neptune St.

2 days per week – Wednesday, Thursday

1 week trial (2 days) \$30

<i>Start Date</i>	<i>Weeks</i>	<i>Times</i>	<i>Focus</i>	<i>Cost</i>
2 nd August	3	6:05 – 7:15am	Asana & related points/sites	\$85
30 th August	3	6:05 – 7:15am	Oriental movement	\$85
11 th October	4	6:05 – 7:15am	Purification	\$110

CNLC* – 20 Princes St., Carlton North

(2 days per week – Tuesday, Friday)

1 week trial (2 days) \$40

<i>Start Date</i>	<i>Weeks</i>	<i>Times</i>	<i>Focus</i>	<i>Cost</i>
8 th August	3	6:15 – 7:45am	Asana & Oriental movement	\$120
September			To Be Announced	
October			To Be Announced	

* (Enter via side entrance, Bring mat & hand towel, min. 4 students req. to run)